

31 Days To Declutter Challenge

Schedule and Rules to live by

This is the schedule that we will be running for the challenge. Updates will be posted prior to each project area to keep you on track. Green titles are the project areas. Deal with it areas is doing what needs to be done with the leftovers from your purge.

1 Sat	2 Sun	3 Mon	4 Tues	5 Wed	6 Thurs	7 Fri
Storage Room/Dumping Room		Deal with it	Mudroom/Hallways/Laundry Room			Deal with it
8 Sat	9 Sun	10 Mon	11 Tues	12 Wed	13 Thurs	14 Fri
Fridge/Freezer/Kitchen		Deal with it	Linen Closets/Bathrooms			Deal with it
15 Sat	16 Sun	17 Mon	18 Tues	19 Wed	20 Thurs	21 Fri
Master Bedroom/Closet		Deal with it	Kids rooms/Guest Rooms			Deal with it
22 Sat	23 Sun	24 Mon	25 Tues	26 Wed	27 Thurs	28 Fri
Workspace/Playspace			Deal with it	Media/Dining/Living rooms		Deal with it
29 Sat	30 Sun	31 Mon	Celebrate!			
Garage/Garden Shed		Deal with it				

We will be sorting the items we purge out of the house into the following categories;

Sell/Donate – Decide if you are going to have a garage sale. If so, that is a whole other area that we will likely touch on after the 31 Day Challenge. If you are donating, you can easily start to get the stuff you don't want or need out of your life faster.

Garbage – Yes, some of the stuff you have will be garbage, so make sure you have lots of garbage bags handy, or a way to get larger things to the dump.

Recycle – find out in your area what you can recycle. I will post a list for the Calgary area

Deal With – These are the items that are projects waiting to be done, repairs, or things that you are unsure about. While you are purging keep in mind that these things could be time wasters, so be brutal with these items...you will have to deal with them on the following Monday.





I have included labels for you to print off and attach to boxes for sorting. If the roll of tape I've included doesn't work, you will have to get your own masking tape. 😊

You will need boxes. They are the most handy for sorting because you can set them up and easily toss stuff into them. In some cases you may need to transfer the garbage and some other things to bags later.

You will also need to have a bit of space for holding. If you plan to have that garage sale, the space might need to be bigger. If you use your garage, don't try to purge the garage yet...that's our last spot. Instead clear out an area. If you have to, move the car out so you can have the space for the month.

Garage Sale Tip—If you plan on the garage sale, keep a pad of paper handy and write down some of the items you will have for sale. Then you can go and get a word document going with price tags. (eg. Set of Speakers \$5.00, Games \$2.00ea, Books .50ea)

Deal With It Days:

These are the days when you deal with those boxes. You get any garbage into a bag and ready for pickup, or you take it to the dump. You could hold it to save and do one dump run at the end, but getting it out of your house sooner will help you have a sense of accomplishment.

Recycle items need to be taken in to their appropriate locations.

Sell/Donate stuff should be sorted to make sure they are clean and complete. Box them and take them to donation, or neatly stack them in your holding area.

Deal With items. You've put things in a box that you weren't prepared to make a decision about, or things that you need to do. If it's returning a borrowed item, repairing something, a project you are waiting to do, or something you are not sure you want to get rid of, now is your time to make that decision. You couldn't make a clear choice during your purge, but now you've had a day to think about it. Either deal with it now, or delete it from your life!

GARBAGE

SELL/DONATE

RECYCLE

DEAL WITH